



Swim4Kids Pool Challenge

The Swim4Kids Pool Challenge offers students the opportunity to virtually swim the distance from Brisbane to Tangalooma. Students have the opportunity to collect sponsorship from family and friends to help the Royal Children's Hospital Foundation work wonders for sick kids.

Your school can choose to take part in the one day challenge, where students swim 300 laps collectively over a one day period on your chosen day between 3 - 21 October. Alternatively, you may choose to involve students in a 30kms in 30 day challenge from 19 September – 18 October, participants can log their laps on a lap tracking sheet, track their progress towards Tangalooma and compare their performance against other swimmers. It's a great way to get fit while having fun!

Here are six handy tips to get your fundraising started:

1. Set a Goal!

How much does your school want to raise to help the Royal Children's Hospital Foundation work wonders for sick kids? Set a goal that's realistic but don't make it too low – you may be surprised at people's generosity to help you achieve your target. Be ambitious and aim high!

2. Get sponsors

Sponsorship forms are available and will help students when approaching friends and family for donations.

3. Have a fundraising day

Choose to host a free dress day, crazy hair day or sausage sizzle. Theme your gold coin fun day using the colour blue, underwater or summer themes – the possibilities are endless and only limited by your imagination.

4. Tell everyone what your students are doing

Advertise your swimming efforts in your school newsletter, and tell other students and teachers about it at your next school assembly. Tell them about the distance required to swim from Brisbane to Tangalooma and why you want to work wonders for sick kids.

5. Bank the funds you've raised

Funds can be deposited to:

Account Name: Royal Children's Hospital Foundation Campaign Fund

BSB: 034 002

Account Number: 800883

Don't forget to use your school name as the deposit reference.

Please return funds and individual sponsorship forms to the Royal Children's Hospital Foundation by Friday 28th October for students to receive their Fit4Fun wristbands.

